

## **FGC Age Group Recognition Program – 13-18 Age Group**

This past year the FGC board made some changes to the fall top 16 program.

The board also voted to begin a new program to recognize the 13-18 age groups. The top 10 13-18 (single age group) swimmers in the IMX program will be award at the FGC Banquet in April. The description of the program is stated below.

FGC IMX Top 10 Program. FGC will use the IMX program to recognize the top 10 (13-18) single age group swimmers in the FGC. Using the final short course rankings (Season Winter 2007-2008) will be tabulated using results achieved between September 1, 07 and March 30, 2008.

### **Program Description**

Swimmers will participate in a designated combination of five or six events and, based on the power points scored for each of those swims, earn a combined score that will be called the IMX Score. These combined scores will be ranked by single ages with rankings and recognition available on the USA Swimming website.

### **IMX Score**

Using Hy-Tek's Single-Year Age Group Power Points, all USA Swimming registered athletes earn an "IMX Score" based on the cumulative point total of the combination of IMX events for their age level. The overall IMX score, as well as the swimmer's current best score for each IMX event, appears on the athlete's My USA Swimming page for each season. As times in these events improve, the swimmer's IMX score is automatically updated.

In order to receive an IMX score, a swimmer must legally swim each IMX event for their age level in a sanctioned meet at least once during the season. A swimmer's times will count for the entire season-so if a swimmer ages up during a season the IMX score on the My USA Swimming page will show a score for his/her lower age group and their new age group (example below).

### **Age Groups and Events**

The following single age groups and event combinations will be tabulated and scored for both men and women:

13, 14, 15, 16, 17, and 18 -year olds:

200 IM, 400 IM, 400/500 Free, 200 Back, 200 Brst, 200 Fly

## **My USA Swimming Page**

We strongly encourage swimmers who have not done so to create a web account to be able to access their personal My USA Swimming page! If a swimmer has already swum the event combo for his/her age level, the IMX score and ranking now appears in a special section of the swimmer's My USA Swimming page. The only place to access an overall IMX Score, as well as the swimmers current best score for each IMX event, is on that swimmer's personal My USA Swimming page. Other features of this special page include a display of personal best times and corresponding power points, a list of meets participated in, a graphical display of times info, seasonal and lifetime best comparisons, in addition other member only features. [Click here to create a free web account and acces a swimmer's My USA Swimming page.](#)

## **How to Participate**

Participation in this program is easy. Using the data available in the SWIMS database system, USA Swimming will automatically compute scores and results for all athlete members. Swimmers only need to compete in the IMX combination of events for their age group and they will be part of the program.

The USA Swimming website now features several new pages related to the I.M. Xtreme Challenge:

- Program Announcement Information
- Find Your IMX Ranking
- Current Year Top 100 Rankings – SC
- Current Year Top 100 Rankings – LC
- New IMX section of each My USA Swimming page