

Shark Bites

A
Publication
of the
AquaKids
Swimming
Programs

February 1, 2006

Volume 9, Issue 1

**PLEASE
DIGEST
ALL
YOUR
BITES!**

Get the latest
News & Info @
aquakidsswim.com
Click on
Announcements!

**NO
Practices
OR
Lessons on
Monday,
February
16th!
M/W
Lessons
will be
W/F
that week!**

**For the
status of
lessons or
practices:
Please call
the pool at
786-
255-0284,
NO SOONER
than 30
minutes
prior to
yours!**

We're Back!

Yes, "SHARK BITES" is back! After being out of publication for almost 1 year, we're starting get organized enough to get our SHARK BITES monthly newsletter back online! So now you can look forward to seeing a new edition published every month and posted on our website where you can read and/or print a full color copy!

And, speaking of getting more organized the first task of the new year after such a successful and Hurricane prone 2005, is to ask for your help! As all of our swimmers age up through our program it has become much to difficult for me and our staff to continue to provide all the programs and events you have become accustom. We still want to provide them, we just need your (parents) help to do so! Therefore, we are asking for some Parent volunteers to staff 4 committees.

- (1) **Awards Committee** which will be in charge of our Annual Awards Banquet, Goal Achiever Program and (sanctioned) Meet Awards.
- (2) **Information Committee** who will help with this Newsletter, Bulletin Board and Website.
- (3) **Travel/Social Committee** which will arrange for Meet Hotels, Travel Arrangements and Team Social Activities.
- (4) **Races/Meet Committee** who will help organize and

run our SHARK Races plus help in organizing and getting the 12 & under to the coaches prior to going to a race at sanctioned meets!

With these 4 committees, we should be able to help provide our swimmers with the support necessary for their continued improvement and success! To that end, we have scheduled a parents meeting for Tuesday, February 7th at 6:00 PM in the Orchestra room (by the pool) to chose these committees! I, as well as the entire coaching staff wish to "THANK YOU" ahead of time for your support and helping us help your swimmers!

2005 was our most successful year to date. For the past 17 years, AquaKids has been providing swimming instruction to children in Miami. And for the last 6 or 7 years, we have been nurturing competitive swimmers (most of whom have come out of learn-to-swim program) to reach and strive for their goals and dreams in our great sport! We want to provide the best in swimming programs for all our members and the community. Please join us in helping provide the necessary support for our swimmers so we can continue to develop every swimmer in our programs!

As always, Thank You for being a part of our program! Also, LET'S GO HEAT! See you at the pool! *Coach Lou*

EDUCATION SERIES

We will also resume the "education series". It's articles written by some of competitive swimming's most influential, knowledgeable and successful people to help you understand our sport just a little bit more!



**INSIDE:
Announcements,
Winter Picnic info, plus
the Short Course Season
Meet, Races & Event
Schedule!**



**PARENTS MEETING
TUESDAY, FEBRUARY 7TH
6:00 PM!
WCS Orchestra Room!**

February SHARK RACES!

Saturday, February 25th: Warm-up: 10:00 AM / Start: 10:30 AM!

February Picnic!

Saturday, February 4th! Details inside!

Important Announcements

AquaKids' Make-up Policy

Continuing Education Groups:

Make-ups are provided only for classes we cancel! Make-ups are usually scheduled the Friday, the week of the cancellation.

AK SHARKS Groups:

Blue, Dusky, Hammerhead, Mako, Great White, Whale and Basking SHARKS:

NO MAKE-UPS!



2006 Spring Break & Summer FUNdamental Swim Camp Dates!

Registration is open for our 2006 Swim Camp! Currently enrolled members (participating in CE lessons or swim team during the week of camp) are not subject to the Registration Fee and there is also a discount on the weekly tuition. Space is limited! Sign up as soon as possible! Here are this year's dates:

FUNdamental Swim Camp Dates

Spring Break*:	April 10 - April 13
Summer 1*:	May 30 - June 2
Summer 2:	June 5 - June 9
Summer 3:	June 12 - June 16
Summer 4:	June 19 - June 23
Summer 5:	June 26 - June 30
July 4th Week:	NO CAMP!
Summer 6:	July 10 - July 14
Summer 7:	July 17 - July 21
Summer 8:	July 24 - July 28
Summer 9:	July 31 - August 4
Summer 10**:	August 7 - 11

*No camp on the Holiday of these weeks!

**Tentative!

Competitive Camp Dates: TBA!

Total Team Wares

Is our exclusive Team Suit Dealer!

Everyone attending the USA Swimming sanctioned meets must compete in our Team suit!

The Team suits can be ordered online, by calling the 800 phone number or purchasing one at a one of the sanctioned meets where Total Team Wares is the equipment vendor! When ordering online or by phone, please consider the time it takes to receive the suit from Orlando!

1-800-888-8843 / www.totalteamwares.com



Spring & Summer Swim School Sessions!

Our Swim School is the daily lesson program, consisting of individual, group and parent-tot group lessons. Daily Individual learn-to-swim lessons are offered year-round. Registration is now open for the Swim School Program!

2006 Group, Parent-tot

& Individual Lesson Sessions

Spring Break* (SB) April 10-13 (individual lessons only-4 days)

#1 (S1) April 17 - April 28	#6 (S6) June 16 - July 7
#2 (S2) May 1 - May 12	#7 (S7) July 10 - July 21
#3 (S3) May 15 - May 26	#8 (S8) July 24 - August 4
#4 (S4) May 30 - June 9	#9* (S9) August 7 - August 18
#5 (S5) June 12 - June 23	

****Individual Lessons only during these sessions!***



Winston Park!

Our Spring, Summer and Fall Swim School and CE lesson programs start at **Winston Park** (8100 SW 132 Avenue) Clubhouse pool in May! There are spring, summer and fall CE lesson sessions as well as the daily Swim School lesson sessions during the spring and summer. Coach Ellie runs our WP program. WCS location swimmers may transfer to Winston Park as soon as we get started. Info will be available online and at the WCS pool soon!

Camp and Swim School information is available at aquakidsswim.com!

2006 Winter/Spring Schedule

FGC Sanctioned Meets, SHARK RACES & Events**

*Tentative Shark Races & Events! Will be confirmed in each month's *SHARK BITES!*

*Please see your Coach for appropriate meets!

February 4	SHARKS Picnic @ Elliot Key	Elliot Key
February 7	Parents Meeting at 6:00 PM	WCS pool
February 11-12	Dade County SubJO Meet	FIU-North
February 18-19	FGC "BB" Invitational	Plantation
February 17-19	Florida Senior Circuit	Plantation
February 25	SHARK RACES	WCS
March 3-5	FGC Division II - South Championships	Tamiami & Miami Springs
March 8-11	USA Swimming Sectional Championships	Orlando
March 16-19	FGC Junior Olympics	Coral Springs
March 21-25	Junior Nationals	Orlando
March 25	SHARK RACES	WCS
March 28-April 1	USA Swimming National Championships	Federal Way, WA
March 31-April 2	FGC vs FL All Star Dual Meet	Ft Pierce
April 7	SHARK RACES	WCS
April 10-12	Lifeguard Training Course	WCS
April 10-14	Spring Break - Regular Lesson Schedule	
April 21	SHARK RACES	WCS



THE AK SHARKS WINTER PICNIC

WHAT: The First AK SHARKS Picnic!

WHEN: Saturday, February 4th! 11:00 AM (after morning practice) until 4:30 (or so) PM!

WHERE: Elliot Key (Southeast of the WCS pool across the bay)!

WHY: For lunch (bring your own) and just for fun (Football, Frisbee, wading in the cold water, etc.) as a group of swimmers away from the pool!

HOW DO I GET THERE?

If you have a boat, it's easy! If you can take some other SHARKS with you, it would help greatly! If you don't have a boat, hopefully we can get you a ride!

WHAT DO I DO?

Fill out the form below and return it by Wednesday, February 1st! We hope to have the traveling (ride) arrangements made by Thursday, February 2nd and the final decision on going by Friday following the evening practice once we know the weather prediction!



The First AK SHARKS Winter Picnic at Elliot Key

Family Name: _____ Home Phone: _____

#Adults: _____ #Children: _____ Cell Phone: _____

We have a boat: YES or NO

We can take (#) _____ of extra people!

We want to go and need a ride to Elliot Key: YES or NO

RETURN this bottom portion to Coach Lou by Wednesday, February 2nd!